

MOVEMENT FOR EVERYONE:

Inclusion, Access, and Belonging in Physical Therapy

October is National Physical Therapy Month, a time to celebrate the impact our profession has in improving movement, function, and quality of life for everyone! This month lets go beyond recognition and take action- by advocating and participating in inclusion, equity and access for everyone.



01. Access and Equity

Who gets physical therapy?
Who faces barriers (speech, language, equipment, disability)?
For more info on improving direct access care [look here!](#)

Having a diverse background of PTs/ PTAs? students will bring in patient populations with varied identities.

02. Representation and Identity



03. Cultural Competence and humility

Having at least a basic knowledge to work with patients from different cultural or identity backgrounds is really important!

Movement is for everyone, including those with disabilities or chronic conditions! PT is a tool for independence and quality of life

04. Ability and Disability Spectrum



All References are Hyperlinked!

Created by: Sema Hammoud