

**NCSCIA’s 2025 Annual SCI Wellness Conference**

**August 16, 2025**

**10am-2pm**

**Barwell Road Community Center**

**5857 Barwell Road, Raleigh, NC**

**“Empowered Eating”, Wheelchair Fitness**

**Adaptive Yoga, Drumming**

**Vendor Expo**

**Vendor Exhibits, Resource Tables, Raffles and Lunch**

**RSVP Deadline: August 11, 2025**

**Register Online**

[**www.ncscia.org**](http://www.ncscia.org/)

**Questions: Debbie Myers-** [**Debbie@ncscia.org**](mailto:Debbie@ncscia.org) **or 919.696.6031**

**Guest Speakers**

**Portia Walton, LRT, Licensed Zumba Instructor**

**Jesi Stracham-Founder, Wheel with Me Organizations**

**Elizabeth Penny, LRT, CTRS, RYT**

 