

April 2025 is AUTISM ACCEPTANCE MONTH

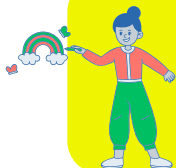
What is Autism?

Autism spectrum disorder is a group of developmental disabilities that affects how people experience the world. ASD can involve learning, thinking, social skills, and problem-solving challenges that range from mild to severe.



How can PT's be Inclusive:

Where Can Treatment Occur?



We can treat patients with Autism in many different settings. Some include: Home, outpatient clinics, and schools. Every child on the spectrum is unique and may need different settings to get the most of the sessions.

What Does a Session Look Like?

Physical therapists use child-friendly, specially chosen toys and activities to motivate and encourage participation in therapy. Creating an engaging and enjoyable environment is essential for fostering positive experiences while reinforcing safe and effective movement patterns.



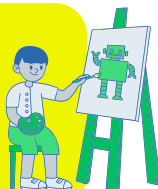
Areas of Interventions

Your treatment session can include:

- Gross Motor Skills
- Balance/Coordination Skills
- Strengthening
- Functional Mobility/ Motor Planning

The Goal

The goal of treating any patient is to develop a personalized treatment plan that addresses their specific impairments and supports their functional goals. This approach applies equally to patients with autism, with a focus on enhancing their daily life and overall well-being.



ALL REFERENCES ARE HYPERLINKED