WOMEN IN PHYSICAL THERAPY

PT ORIGINS

The APTA was originally the <u>American Women's Physical Therapeutic Association</u>. PT was developed as a caring profession in <u>WWI and required physicians to oversee treatment</u>.





REPRESENTATION

<u>Females are less represented in medical</u> <u>research</u> and thus medical recommendations are male focused.

IN 2021, WOMEN MADE UP

65.3%

OF PHYSICAL THERAPISTS

ALTHOUGH MEN ARE MORE LIKELY TO HOLD ADMIN ROLES OR OWN PRACTICES





PAY INEQUALITY

As of 2023, female PTs are still paid \$0.89 for every \$1.00 male PTs are paid. The APTA supports pay equality on the basis of sex/gender but we still have work to do!

FACULTY PERSPECTIVE

Less peer-reviewed research is published by female vs male DPT faculty members. Also, male DPT faculty members are more likely to be tenured or in program director positions, compared to female DPT faculty members.



HOW TO HELP MAKE A CHANGE

- Support the APTA's fight for pay equality
- Request equitable benefit packages that support all gender-related characteristics
- Participate in salary transparency when applying for jobs after graduation
- Conduct research with female participants and asking female related questions
- Serve as an advocate for diverse hiring practices at your place of work
- Attend the APTA "Women in Physical Therapy Summit" held annually to learn more