

WEAR RED DAY

Friday, Feb 3rd

Wear Red Day is a part of the nationally recognized Go Red For Women platform with the American Heart Association. This platform is designed to increase awareness for women's heart health including cardiovascular disease and stroke risk.

EVENTS:

Crazy Red Outfit Competition

Students who wear red can have their picture taken to see who has the best/craziest red outfit. Voting via DPT Instagram

Heart Health Kahoot Review

Primarily for 3rd year students, but all welcome. Kahoot on the differences between men's and women's heart health. Held in Rm 319 from 12:00-12:20pm

1-mile Walk

Participants will meet outside at 12:25 in their red outfits to walk on the designated route to raise awareness. Pictures are encouraged!

We look forward to seeing you there!

American Heart Association.

