



**VA** | Defining  
**HEALTH CARE** | **EXCELLENCE**  
in the 21st Century

## Cardiovascular and Pulmonary Residency Program

Are you interested in advancing the profession of physical therapy by establishing, maintaining, and promoting standards of excellence? Through specialist credentialing, you can advance your PT knowledge, skills in patient/client management and advance your career with non-clinical duties and leadership experience.

Our mission is to prepare physical therapy residents for advanced specialty practice. This program will cultivate high level cardiopulmonary physical therapists who integrate the teacher-scholar model into their clinical practice. Through cardiopulmonary clinical experiences under the mentorship of master clinicians, along with didactic learning experiences in cardiovascular and pulmonary topics including both teaching and research, the program will develop advanced physical therapy practitioners who care for the whole patient and are prepared for board certification in cardiovascular and pulmonary physical therapy by the American Board of Physical Therapy Specialties (ABPTS).

## Why the VA?

- NO Tuition to attend this program!
- Opportunity to serve America's veteran population
- Opportunity for management of complex patients across all practice settings
- Highest level of autonomous practice
- Commitment to service, quality, and research

## Resident Spotlight:

### VA Ann Arbor Healthcare System (Ann Arbor, MI)



Resident: Lindsey McAlonan PT, DPT

Physical Therapy School: Sacred Heart University, 2018

The best thing about being a CVP resident is the daily 1:1 mentoring times. Typically during these sessions my mentor and I discuss the patient's current

presentation, the pathophysiology of their CVP diagnosis, and my clinical reasoning. These daily mentoring sessions have helped me to grow tremendously in multiple dimensions as a cardiopulmonary physical therapist.



Prior Residency Graduates are now:

- Academic faculty at DPT programs
- Pioneering critical care programs at acute care hospitals
- Faculty members in Residency Programs
- Developer of continuing education programs
- Speakers at CSM

## Resident Experiences

- Administrator of Cardiac & Pulmonary Rehabilitation Programs
- Teaching DPT courses and lab
- State and/or national level presentations
- Simulation based experiences
- ICU early mobility program
- Patient care experience across all practice settings!

## Visit us on the web!

<https://www.va.gov/ann-arbor-health-care/work-with-us/internships-and-fellowships/cardiovascular-and-pulmonary-physical-therapy-residency/>

## Contact Us

Stephanie Kostsuca, PT, DPT, CCS  
Director, PT Residency Program  
VA Ann Arbor Healthcare System  
Ann Arbor, MI 48105  
Phone: (734)845-3334  
[stephanie.kostsuca@va.gov](mailto:stephanie.kostsuca@va.gov)