



## NCS-ACOFP Winter CME Conference Managing Mental Health in Primary Care

NCS-ACOFP will host a CME event at the Campbell University Jerry M. Wallace School of Osteopathic Medicine in Buies Creek on **February 28, 2026 from 8:00 am until 4:30 pm.**

### Registration Information

Registration is open now. Online registration is available at this [link](#). More information is available on the NCS-ACOFP website at [www.nc-acofp.org](http://www.nc-acofp.org) ( or by using this link: <https://www.nc-acofp.org/upcoming-conference-info-for-2026/>)

### Conference Content

This continuing medical education program is designed to support primary care physicians in their role in addressing patient's mental health needs in clinical practice. The program will emphasize practical, evidence-based strategies for recognizing, managing, and supporting individuals with a broad range of mental health conditions within the primary care setting.

Topics will include the integration of lifestyle medicine techniques to support mental health, best practices for managing benzodiazepine tapers, and approaches to addressing pediatric and adolescent depression and suicide. Additional sessions will explore the complex relationship between mood disorders and chronic pain, strategies for managing treatment-resistant depression, and the principles of applying trauma-informed care. The program will also examine the impact of screen time and technology use on pediatric and adolescent mental health.



Through these focused and clinically relevant presentations, participants will enhance their diagnostic acumen, expand their therapeutic toolkit, and increase their confidence in providing comprehensive, compassionate care to their patients.

### CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Osteopathic Family Physicians (ACOFP) and NCS-ACOFP. ACOFP is accredited by the ACCME to provide continuing medical education for physicians.



ACOFP designates this live activity for a maximum of **7 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOFP is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. ACOFP designates this live activity for a maximum of **7 AOA Category 1-A credits** and will report continuing medical education (CME) credits commensurate with the physician's participation in this program.

**Questions** about the event can be directed to Nancy Guy, NCS-ACOFP director at [director@nc-acofp.org](mailto:director@nc-acofp.org).