

# Simulated Exam **Student** Support Guide

*Last Updated: September 4, 2024*

In order to provide the best testing experience possible, we've created a helpful guide for you to understand the Simulated Testing experience.

**If you are experiencing issues during a testing session, please inform your instructor and contact (877) 792-4473 (Press 2) for immediate assistance.**

## ***Before exam day:***

- Ensure that testing devices meet the [technical requirements](#) listed.
  - If you are testing in person, you may use an iPad (no iPad mini), but need to use the Safari or Chrome browsers and close other apps.
    - You will not be able to move the calculator when it is on the screen, but you can close it as needed.
- Update your browsers to the latest version at least one day before the exam starts.

## ***Just before the exam starts:***

- Clear your cache and restart your browser prior to logging in to the exam. This is critical, as the exam will not load otherwise.
- Ensure you do not have anything near you when taking the exam, including phones, calculators (there is one built in the exam), books/notes, food, etc.
  - Students may have one scratch paper and paper/pencil.
- Your instructor will provide specific information related to breaks, sign-in/sign-out, and other testing environment rules.

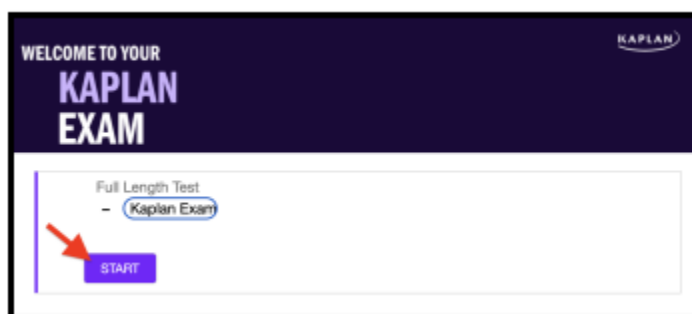
## ***Important exam reminders:***

- You have one hour to complete each block of the exam.
- Once a block is ended, you may not go back to that block.
  - You can view block/question information at the top right of the screen (next to the question number sidebar).
- You can view time remaining at the bottom left of the screen.
- If you lose connection or experience an exam malfunction, your responses will be preserved and the test clock will be suspended.

- If an image in a question is not loading (appears it is missing), please refresh your browser.
- If you lose connection or run into other issues:
  - Close the browser
  - Re-establish the internet connection (if needed)
  - Open web browser and go to kaptest.com
  - Log in, navigate to the exam, and click “resume”
  - You will be taken to the question that was being answered when the connection was lost.

**Exam tutorial:**

- To start your exam, go to kaptest.com and login with your credentials. Click the plus sign to reveal the purple START button. Press START to begin your simulated exam.



- Review the gray callouts on the images linked here to understand the different components of the exam screen:
  - [Exam Screen](#)
  - [Additional Resources Boxes](#)

## Exam Screen

The screenshot displays the Kaplan exam interface with the following callouts and features:

- See What Question and Block You Are On:** Points to the top navigation bar showing "Item: 1 of 40" and "Block: 2 of 7".
- Mark Questions That You Want to Come Back To:** Points to the "Mark" icon in the top navigation bar.
- Navigate To The Next or Previous Question:** Points to the "Previous" and "Next" navigation buttons.
- Reverse The Color of The Platform:** Points to the "Reverse Color" button in the top navigation bar.
- Change The Text Size:** Points to the "Text Zoom" button in the top navigation bar.
- Additional Resources (See Below):** Points to icons for "Lab Values", "Notes", "Calculator", and "Help" in the top navigation bar.
- Clinical Vignette Select Text to Highlight:** Points to the main question area.
- Answer Choices Double Click to Strikethrough:** Points to the multiple-choice options (A, B, C, D, E).
- Proceed to Next:** Points to the "Proceed to Next" button.
- Move On To The Next Item:** Points to the "Proceed to Next" button.
- Block Time Information:** Points to the "Block Time Information" box showing:
 

Block Time Information	
Block: 2 of 7	
Time Remaining:	00:52:26
Elapsed Time:	00:07:33
Length of Block:	01:00:00
Day Time Information	
Day: 1 of 1	
Time Remaining:	05:52:26
Elapsed Time:	00:07:33
Total Time:	06:00:00
- Remaining Time CLICK to Reveal Additional Information Above:** Points to the "Block Time Information" box.
- Lock Your Exam:** Points to the "Lock" button in the bottom navigation bar.
- END This Block of Questions WARNING: Once Ended, You May Not Go Back:** Points to the "End Block" button in the bottom navigation bar.
- Navigate to a Specific Question Using This Side Bar:** Points to the question list on the left side of the screen.

## Additional Resources Boxes

Check Reference Ranges For Lab Values

Lab Values	Notes	Calculator	Reversal Color	Test Zones
<b>Serum</b>				
Alanine aminotransferase (ALT)	10-40 U/L			
Aspartate aminotransferase (AST)	13-38 U/L			
Alkaline phosphatase	25-100 U/L			
Amylase	25-125 U/L			
Bilirubin, total (if direct)	0.1-1.0 mg/dL, if 0.3-0.3 mg/dL			
Calcium	8.4-10.2 mg/dL			
<b>Cholesterol</b>				
Total	Normal: <200 mg/dL, if High: >240 mg/dL			
HDL	40-60 mg/dL			
LDL	<160 mg/dL			
Triglycerides	Normal: <150 mg/dL, if Borderline: 150-199 mg/dL			
Cortisol	5000 h: 5-23 µg/dL, if 1600 h: 3-15 µg/dL			
Creatine kinase	Male: 25-90 U/L, Female: 10-70 U/L			
Creatinine	0.6-1.2 mg/dL			
Urea nitrogen	7-18 mg/dL			
Creatinine clearance	Male: 95-137 mL/min, Female: 88-128 mL/min			
<b>Electrolytes, serum</b>				
Sodium (Na <sup>+</sup> )	136-146 mEq/L			
Potassium (K <sup>+</sup> )	3.5-5.0 mEq/L			
Chloride (Cl <sup>-</sup> )	95-105 mEq/L			
Bicarbonate (HCO <sub>3</sub> <sup>-</sup> )	22-28 mEq/L			
Magnesium (Mg <sup>2+</sup> )	1.5-2.0 mEq/L			
Ferritin	Male: 25-250 ng/mL, Female: 10-122 ng/mL			
Follicle stimulating hormone	Male: 4-25 mIU/mL, Female (Premenopause): 4-30 mIU/mL, menses peak: 10-90 mIU/mL, postmenopause: 40-200 mIU/mL			
Glucose	Fasting: 70-100 mg/dL, Random, non-fasting: <140 mg/dL			
Growth hormone - arginine stimulation	Fasting: <5 ng/mL, Provocation (somat): >2 ng/mL			
Iron	Male: 65-175 µg/dL, Female: 50-170 µg/dL			
Total iron binding capacity	250-400 µg/dL			
Transferrin	200-360 ng/dL			
Lactate dehydrogenase	45-200 U/L			
Luteinizing hormone	Male: 6-23 mIU/mL, Female: follicular phase: 5-30 mIU/mL, menses peak: 15-150 mIU/mL, postmenopause: 30-200 mIU/mL			
Calcium	2.75-2.95 mEq/dL (corrected to 2.5)			
Intact parathyroid hormone (PTH)	10-60 pg/mL			
Phosphorus (inorganic)	3.0-4.5 mg/dL			
Prothrombin (PT/INR)	Male: <17 mg/dL, Female: <23 mg/dL			
<b>Proteins</b>				
Total	6.0-7.8 g/dL			
Albumin	3.5-5.5 g/dL			
Globulin	2.3-3.5 g/dL			
Triglyceride	<80 mg/dL			
TSH	0.4-4.0 µU/mL			
Thyroidal iodine (I <sup>125</sup> ) uptake	8%-30% of administered dose/24 h			
Thyroxine (T <sub>4</sub> )	5-12 µg/L			
Free T <sub>4</sub>	0.8-1.7 ng/dL			
Thyrotropin-releasing hormone (TRH)	100-300 µg/dL			

## Additional Resources

Type Personal Notes To Reference For Questions

Save and Close Delete Notes

Utilize Our Calculator

Calculator interface showing basic arithmetic functions and a display screen.