

2025

ANNUAL SCIENTIFIC SESSION



ACP[®]
American College of Physicians
Leading Internal Medicine, Improving Lives

North Carolina Chapter

JANUARY 31 - FEBRUARY 2, 2025
BALLANTYNE HOTEL, CHARLOTTE, NC

This continuing medical education activity is sponsored
by the American College of Physicians.

2025 Session Overview

INVITATION, ACTIVITY DESCRIPTION AND TARGET AUDIENCE

North Carolina Chapter Governor **Marion M. McCrary, MD, FACP**, joins Program Co-chairs, **William C. Lippert, MD, FACP**, **Donna M. Williams, MD, FACP**, and **Nicholas R. Young, MD, FACP** in inviting all Chapter members to our 2025 Annual Scientific Session! This meeting is designed for general internal medicine physicians, subspecialty internal medicine physicians, family physicians, fellows in subspecialty training, allied health practitioners, residents, and medical students interested in internal medicine. The purpose is to improve diagnosis and treatment skills and provide updates on inpatient and outpatient medicine. This is the only forum for internal medicine physicians in the state to convene, confer with colleagues, and update knowledge and skills. Back by popular demand: Earn MOC credits!

EDUCATIONAL OBJECTIVES

At the conclusion of this educational activity, participants should be able to:

- Apply new evidence to current clinical practice in the areas of obesity, heart failure and diabetes;
- Enhance knowledge and understanding in specialized areas including infectious diseases, rheumatology and cognitive impairment;
- Cultivate skills in emerging practices such as point-of-care ultrasound;
- Engage in networking opportunities, including special interest roundtables, poster competitions and mentoring sessions;
- Promote advocacy and leadership in medicine to understand the impact of reproductive rights and other key healthcare policy issues affecting the state of North Carolina.

CME ACCREDITATION

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC STATEMENT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.



DISCLOSURE

The American College of Physicians adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

MEETING HIGHLIGHTS

- Back by popular demand: Maintenance of Certification (MOC) credits will be provided;
- Darilyn Moyer, MD, MACP, Executive Vice President and CEO of ACP, will give the keynote address during the Governor's Awards Dinner;
- Presentation of the 2025 Laureate and Volunteerism Awards;
- See the latest from the training programs at the Resident and Student Poster Competition as well as posters from Early Career Physicians;
- Internal medicine residency training programs and medical students will compete in Doctor's Dilemma;
- Select your choice of special interest group lunch roundtables;
- Enjoy breakfast and breaks in the exhibit area, which will feature products and services of interest to physicians and their practices.

MEETING REGISTRATION: REGISTER BY DECEMBER 1 AND SAVE!

The registration fee for ACP member physicians is \$199. The fee for non-member physicians is \$274, and for advance practice provider fees are \$149-\$174. Emeritus or retired members, residents and medical students may attend free of charge. Registration fees include the three days of meeting sessions, the Friday evening reception, continental breakfast, lunch and breaks, as well as the CME certificate and electronic copy of the course handouts. The fee for dinner, which includes 1.0 hour of CME credit, is \$85 for registered physicians and advance practice providers and their guests, and \$45 for registered residents and students and children. Register securely online at <https://store.acponline.org/ebiz/events-calendar/meeting-details/productid/336344509> or complete the form in this brochure and return it via fax or mail. After December 1, registration fees will increase. Please note that refunds of registration fees will not be made after Friday, January 17. Refunds, less \$25, will be made for cancellations received prior to that date.

ACCOMMODATIONS:

The Ballantyne Hotel opened its doors in 2001 but quickly became a symbol of luxury and hospitality in the region. Located in the heart of Charlotte's prestigious Ballantyne neighborhood, the property offers an opulent retreat for families, business and leisure travelers alike. As a renowned AAA Four-Diamond destination, The Ballantyne combines Southern charm with undeniable elegance, providing an unforgettable experience for every guest who passes through their doors.

Reserve your room online here or call (800) MARRIOTT and mention NC-ACP to receive the special group rate of just \$269 single or double occupancy, plus tax. **Hotel reservations must be made prior to January 9, 2025.**

QUESTIONS

If you have any questions about the 2025 Annual Scientific Session, or need assistance, please contact the NC-ACP office at (919) 719-4172 or (800) 722-1350, or send an email to Megan Eberle, meberle@ncmedsoc.org.

Schedule

FRIDAY, JANUARY 31

1:30pm-5:00pm	Governor's Advisory Council Meeting & Program Directors Meeting
5:00pm-8:30pm	Registration
5:00pm-6:00pm	Welcome Reception (pre-registration required)
6:15pm-8:30pm	Residents Doctor's Dilemma - Nicholas R. Young, MD, FACP

SATURDAY, FEBRUARY 1

7:00am-4:00pm	Registration
7:00am-7:45am	Breakfast and Networking
7:45am-8:00am	Welcome, Introductions and Conference Overview - Marion M. McCrary, MD, FACP , Chapter Governor, and William C. Lippert, MD, MPH, FACP , Donna M. Williams, MD, FACP , Nicholas R. Young, MD, FACP , Program Co-Chairs
8:00am-9:00am	Clinical Pearls in ID and Rheumatology - Katherine R. Schafer, MD, FACP , Rachel M. Wolfe, MD
9:00am-9:20am	Break and Networking with Exhibitors
9:20am-11:00am	Concurrent Inpatient and Outpatient Track Sessions
	Outpatient Track
9:20am-9:45am	Updates on Cognitive Impairment – Maryjo L. Cleveland, MD
9:45am-10:10am	Review on Disorders of Gut and Brain Interactions – Jennifer L. Wellington, DO
10:10am-10:35am	Obesity Treatments for the General Internist – Jamy Ard, MD
10:35am-11:00am	Updates in Outpatient Medicine – Scott L. Furney, MD, FACP
	Inpatient Track
9:20am-9:45am	Updates in Hospital Medicine – Raghava N. Nagaraj, MBBS, MPH, FACP
9:45am-10:10am	Management of Acute Heart Failure – Priyesh A. Patel, MD
10:10am-10:35am	Inpatient Diabetes Mellitus Management – Kelli C. Dunn, MD
10:35am-11:00am	POCUS Cases – Christopher T. Kelly, MD
11:00am-11:30am	Break and Networking with Exhibitors
11:30am-12:15pm	Program Director's Panel for Students
11:30am-12:15pm	NC Chapter Business Meeting (<i>no credit awarded</i>)
12:15pm-1:30pm	Lunch: Choice of Special-Interest Lunch Roundtables or General Networking Lunch <ul style="list-style-type: none">• Lunch 1: Doctor's Dilemma for Students• Lunch 2: Resident/Student• Lunch 3: Mentoring to Fellowship• Lunch 4: Women in Medicine• Lunch 5: General

1:30pm-4:00pm

Chief Resident Presentations

1:30pm-2:40pm	Chief Resident Presentations Part I
2:40pm-2:50pm	Break
2:50pm-4:00pm	Chief Resident Presentations Part II
4:00pm-6:30pm	Governor's Reception & Poster Viewing Session & Judging
7:00pm	Governor's Dinner - Keynote Speaker: Darilyn V. Moyer, MD, MACP (pre-registration required) Presentation of Chapter Awards and Poster Winners

SUNDAY, FEBRUARY 2

7:00am-12:00pm	Registration
7:00am-8:00am	Breakfast and Networking with Exhibitors
7:00am-8:00am	Women in Medicine Breakfast (pre-registration required)
8:00am-8:30am	Advocacy Update - Alan Skipper, CMP, CAE
8:30am-9:30am	Reproductive Rights Panel - Meghan Boone, LLM, JD, BA, Christina M. Rinaldi, DO, Karen R. Gerancher, MD
9:30am-9:45am	Break and Networking with Exhibitors
9:45am-10:15am	Story Slam
10:15am-11:15am	Transitions of Care for Patients Needing Opiates - Hannah Florian, MD
11:15am-11:55am	Escape from Ballantyne: Escape Room Experience - Anthony T. Dang, MD
11:55am-12:00pm	Meeting Wrap Up

Faculty

William C. Lippert, MD, MPH, FACP - Program Co-chair

Assistant Professor, Hospital Medicine
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Donna M. Williams, MD, FACP - Program Co-chair

Associate Professor, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Nicholas R. Young, MD, FACP - Program Co-chair

Clinical Associate Professor of Medicine, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Carolinas Medical Center

Jamy Ard, MD

Professor, Epidemiology and Prevention
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Meghan Boone, LL.M., J.D., B.A.

Associate Professor of Law
Wake Forest University School of Law

Maryjo L. Cleveland, MD

Associate Professor, Gerontology and Geriatric Medicine
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Anthony T. Dang, MD

Clinical Assistant Professor, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Carolinas Medical Center

Kelli C. Dunn, MD

Clinical Assistant Professor, Endocrinology and Metabolism
Wake Forest University School of Medicine
Atrium Health Carolinas Medical Center

Hannah Florian, MD

Clinical Assistant Professor, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Carolinas Medical Center

Scott L. Furney, MD, FACP

Vice Dean of Academic Affairs & Chair of Internal Medicine
Clinical Professor, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Carolinas Medical Center

Karen R. Gerancher, MD

Clinical Professor, Obstetrics and Gynecology
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Christopher T. Kelly, MD

Assistant Professor, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Darilyn V. Moyer, MD, MACP

Professor of Medicine, Department of Internal Medicine
Executive Vice President and CEO, American College of Physicians

Raghava N. Nagaraj, MBBS, MPH, FACP

Clinical Associate Professor, Hospital Medicine
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Priyesh A. Patel, MD

Clinical Assistant Professor, Cardiovascular Medicine
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Christina M. Rinaldi, DO

Assistant Professor, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Katherine R. Schafer, MD, FACP

Associate Professor, Infectious Disease
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Alan Skipper, CMP, CAE

Vice President of External Affairs
North Carolina Medical Society

Jennifer L. Wellington, DO

Clinical Assistant Professor, Gastroenterology
Wake Forest University School of Medicine
Atrium Health Carolinas Medical Center

Rachel M. Wolfe, MD

Assistant Professor, Rheumatology and Immunology
Wake Forest University School of Medicine
Atrium Health Wake Forest Baptist Medical Center

Americans with Disabilities Act

The NC-ACP is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call the NC-ACP at (919) 833-3836 no later than ten business days before the date of the activity.

Registration Form

January 31 - February 2, 2025 • Ballantyne Hotel • Charlotte, NC

Register securely online! Go to <https://store.acponline.org/ebiz/events-calendar/meeting-details/productid/336344509>

Name: _____ Degree(s): _____

First Name for Badge: _____

Practice Name: _____

Address: _____

City/State/Zip: _____

Email: _____

Phone: _____ Mobile Business Home

Emergency Contact Name: _____

Emergency Contact Mobile Phone #: _____

Dietary Restrictions: _____

Special Needs: _____

Fees:	Prior to 12/1	After 12/1		Prior to 12/1	After 12/1
<input type="checkbox"/> Master/Fellow/Member Physician	\$199	\$249			
<input type="checkbox"/> Resident/Medical Student Member	\$0	\$0	<input type="checkbox"/> Nonmember Physician.....	\$274	\$324
<input type="checkbox"/> Emeritus/Retired Physician Member.....	\$0	\$0	<input type="checkbox"/> Nonmember Resident/Med Student.....	\$0	\$0
<input type="checkbox"/> Affiliate Member (APP).....	\$149	\$199	<input type="checkbox"/> Nonmember APP.....	\$174	\$224
TOTAL REGISTRATION FEES: \$ _____					

Optional Events:

attending

_____ Welcome Reception (Fri.) - *no charge*

Governor's Dinner (Sat.)

_____ x \$85 MDs/DOs/APPs & guests

_____ x \$45 residents/students & child

Resident Doctor's Dilemma (Fri.)

_____ x \$15 per attendee

SATURDAY LUNCH OPTIONS

(no charge)

Lunch 1: Doctor's Dilemma

Lunch 2: Resident/Medical Student

Lunch 3: Mentoring to Fellowship

Lunch 4: Women in Medicine

Lunch 5: General

TOTAL OPTIONAL EVENT FEES: \$ _____

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Payment:

Register and pay online anytime: <https://store.acponline.org/ebiz/events-calendar/meeting-details/productid/336344509> or contact Member and Product Support at 800-ACP-1915 or direct at 215-351-2600 (M-F, 9 a.m. - 5 p.m. ET).