

2026

Annual Scientific Session



ACP[®]
American College of Physicians
Leading Internal Medicine, Improving Lives

**North Carolina
Chapter**

February 20-22, 2026
Raleigh Marriott Crabtree Valley, Raleigh, NC

This continuing medical education activity is sponsored
by the American College of Physicians.

Meeting Overview

Invitation, Activity Description and Target Audience

North Carolina Chapter Governor **Marion M. McCrary, MD, FACP**, joins Program Co-chairs, **James J. Cappola, III, MD, FACP**, and **David Tolentino DO, FACOI, FACP**, in inviting all Chapter members to our 2026 Annual Scientific Session! This meeting is designed for general internal medicine physicians, subspecialty internal medicine physicians, family physicians, fellows in subspecialty training, allied health practitioners, residents, and medical students interested in internal medicine. The purpose is to improve diagnosis and treatment skills and provide updates on inpatient and outpatient medicine. This is the only forum for internal medicine physicians in the state to convene, confer with colleagues, and update knowledge and skills.

Educational Objectives

At the conclusion of this educational activity, participants should be able to:

- Be updated in the field of neurology
- Close the osteoporosis treatment gap
- Recognize the settings in which secondary hypertension should be suspected
- Show the value and utilization of POCUS training in patient care, particularly in community hospital setting
- Understand the use of Naltrexone in the treatment of alcohol dependency
- Identify key current studies that impact the management of hospitalized patients.

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **8.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.75 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

Disclosure

The American College of Physicians adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

Meeting Highlights

- Maintenance of Certification (MOC) credits will be provided;
- Inpatient and Outpatient educational tracks;
- Presentation of the 2026 Laureate and Volunteerism Awards;
- See the latest from the training programs at the Resident and Student Poster Competition as well as posters from Early Career Physicians;
- Internal medicine residency training programs and medical students will compete in Doctor's Dilemma;
- Select your choice of special-interest lunch roundtables.

Meeting Registration: Register by December 31st and Save!

[Please see page 7 for registration fees](#); cost includes the three days of meeting sessions, the Friday evening reception, continental breakfast, lunch and breaks, as well as the CME certificate and electronic copy of the course handouts. The fee for the dinners, which includes 1.0 hour of CME credit, is \$85 for registered physicians and advance practice providers and their guests; children under age 12 are free. [Register securely online here](#) or complete the form in this brochure and return it via fax or mail. After December 31st, registration fees will increase. Please note that refunds of registration fees will not be made after Friday, February 6. Refunds, less \$25, will be made for cancellations received prior to that date.

Accommodations

The 2026 Annual Scientific Session will take place at the stylish Raleigh Marriott Crabtree Valley in Raleigh, NC. Guests will enjoy sleek, modern guest rooms equipped with smart TVs featuring Netflix, high-speed upgradeable WiFi, and plush bedding designed for ultimate comfort and relaxation. Stay energized in the state-of-the-art fitness center, or take advantage of the hotel's prime location directly across from Crabtree Valley Mall, offering a wide array of shopping and dining options. Prefer to stay in? Treat yourself to elevated Southern cuisine at BRAISE, the hotel's signature restaurant, featuring a decadent breakfast buffet, creative Southern-fusion dishes for lunch and dinner, and expertly crafted cocktails in a relaxed, welcoming lounge.

[Reserve your room online here](#) or call 1-800-MARRIOTT and tell them that you will be attending the NC-ACP meeting to ensure you get the discounted room rate. The deadline to make reservations in the NC-ACP room block is Friday, January 30, 2026.

Questions?

If you have any questions about the 2026 Annual Scientific Session, or need assistance, please contact the NC-ACP office at (800) 722-1350, or send an email to Megan Eberle, meberle@ncmedsoc.org.



Schedule

Friday, February 20

1:30pm-5:00pm	Governor's Advisory Council Meeting & Program Directors Meeting
2:30pm-8:15pm	Registration open
5:00pm-6:00pm	Welcome Reception (<i>pre-registration required</i>)
6:15pm-8:30pm	Residents Doctor's Dilemma - Nicholas R. Young, MD, FACP

Saturday, February 21

7:00am-6:30pm	Registration
7:00am-8:00am	Light Breakfast and Networking with Exhibitors
7:00am-8:00am	Optional CME Session
8:00am-4:00pm	GENERAL SESSION
8:00am-8:15am	Welcome, Introductions and Conference Overview - Marion M. McCrary, MD, FACP , Chapter Governor; James Cappola, MD, FACP , and David Tolentino, DO, FACOI, FACP , Program Co-Chairs
8:15am-8:45am	Routes to Maintaining Certification (MOC) in Internal Medicine - Erica N. Johnson, MD, FACP, FIDSA
8:50am-11:20am	Concurrent Inpatient and Outpatient Track Sessions
Outpatient Track	
8:50am-9:20am	Update in Outpatient Internal Medicine: Five Key Studies - Elizabeth Butcher, MD, MPH, TM
9:20am-9:50am	Nephrology - Prabhakar Vaidya, MD
9:50am-10:20am	Endocrine - Adithya Kattamanchi, MD
10:20am-10:50am	Neurology - Zahra Cain-Akbar, DO
10:50am-11:20am	Osteopathic Manipulative Treatment in the Office for the Internist - James Cappola, MD, FACP
Inpatient Track	
8:50am-9:20am	Update in Hospital Medicine: Five Key Studies - Subodh Pal, MD
9:20am-9:50am	Patient Outcomes after Cardiopulmonary Resuscitation: What Physicians and Patients Need to Know - James Cappola, MD, FACP
9:50am-10:20am	Ventilator Management for the Internist - Benjamin D. Putnam, MD
10:20am-10:50am	GI - Darren Wohl, MD
10:50am-11:20am	Osteopathic Manipulative Treatment in the Office for the Internist - James Cappola, MD, FACP
11:20am-11:50am	Break and Networking with Exhibitors
11:30am-12:15pm	Program Director's Panel for Students
12:00pm-1:00pm	Sponsored Lunch Session (<i>no credit awarded</i>)
12:15pm-1:30pm	Student Speed Mentoring Session
12:15pm-1:30pm	Resident Speed Mentoring Session
1:10pm-1:30pm	NC Chapter Business Meeting (<i>no credit awarded</i>)

Saturday, February 21 *(continued)*

1:30pm-4:00pm	Chief Resident Presentations
1:30pm-2:40pm	Chief Resident Presentations Part I
2:40pm-2:50pm	Break
2:50pm-4:00pm	Chief Resident Presentations Part II
4:00pm-5:30pm	Governor's Reception & Poster Viewing Session & Judging
5:30pm-6:30pm	Students Doctor's Dilemma - Nicholas R. Young, MD, FACP
7:00pm-9:00pm	Governor's Dinner Escape Room - Anthony Dang, MD <i>(pre-registration required)</i>
	Presentation of Chapter Awards and Poster Winners

Sunday, February 22

7:00am-12:00pm	Registration
7:00am-8:00am	Light Breakfast and Networking with Exhibitors
7:00am-8:00am	Women in Medicine Breakfast
8:00am-12:00pm	GENERAL SESSION
8:00am-8:30am	NC Advocacy Update - Lacy C. Hobgood, MD, FAAP, FACP
8:30am-9:15am	Physician Wellness - Paul Chelminski, MD, MPH, FACP; Jeffrey M. Krepps, PhD; Marion M. McCrary, MD, FACP; John E. Perry, MD, FACP, MS
9:15am-10:00am	Point of Care Ultrasound Patient Cases - Peggy M. Robinson, DO, and Evelyn Slee, DO
10:00am-10:30am	Break
10:30am-11:00am	Story Slam
11:00am-11:45am	Use of Naltrexone to Treat Alcohol Dependence - Ashraf G. Mikhail, MD
11:45am-12:00pm	Meeting Wrap Up and Raffle Drawing



Additional Activities

Optional CME

Partnering for Change: Effective Strategies and Immediate Application of Skills in Obesity Management for Primary Care

Saturday, February 21, 7:00am-8:00am

Speakers: Robert Kushner, MD, MS & Leah Joseph, MD, FACP

In collaboration with The Obesity Society (TOS) and Medscape Education, we are pleased to offer this one-hour CME-certified Workshop. Participants will use active engagement strategies, self-reflection, and point-of-care tools to improve obesity care. Learners are also encouraged to participate in a Virtual Patient Simulation of two patient cases and the enduring online workshop. [Learn more here.](#)

Product Theater

Exact Sciences, Maker of Cologuard®

Saturday, February 21, 12:00pm-1:00pm

Learn more about this non-invasive, at-home DNA test for average-risk individuals aged 45 and older, which screens for both DNA markers and blood associated with colorectal cancer and precancer.

**EXACT
SCIENCES**

Group Coaching Sessions**

During these sessions, you and up to five of your peers will work with an ACP Physician Peer Coach on a career and professional development topic(s) of your choice:

Silence Your Inner Critic

Saturday, February 21, 3:00pm-4:00pm - \$50

Join us for an engaging one-hour group coaching session designed to help you recognize and quiet your inner critic both personally and professionally- and learn practical tools to build confidence and self-compassion.

Finding Your Agency and Voice

Saturday, February 21, 5:30pm-6:30pm - \$50

This one-hour group coaching session is focused on building your personal and professional agency by helping you identify your priorities, focus your time and energy, and take actionable steps toward advocating for yourself and your goals.

**** Group coaching sessions are not available for medical students & non-physician affiliate members.**



Meeting Benefits and Fees

What do you get for your meeting fees? Your registration includes:

- Friday evening welcome reception; *guests to the reception are welcome at no charge!*
- Saturday morning breakfast and refreshments during breaks
- Choice between one of four lunch roundtable options on Saturday
- Breakfast on Sunday and refreshments during the break
- 8.75 hours of *AMA Category 1* CME credits and credit certificate
- Numerous networking opportunities and fun!

REGISTER ONLINE NOW!

Take advantage of early-bird pricing and save!

	Prior to 12/31	After 12/31
Master/Fellow/Member Physician	\$299	\$349
Resident/Medical Student Member.....	\$25	\$25
Affiliate Member (APP)	\$249	\$299
Nonmember Physician.....	\$374	\$424
Nonmember Resident/Med Student.....	\$25	\$25
Nonmember Allied Health Professional	\$274	\$324

Additional Fees

- Friday night dinner (attendees & guests): \$85; no charge for children under 12.
- Saturday night dinner (attendees & guests): \$85; no charge for children under 12.
- Saturday group coaching session: \$50 each.

Faculty

Marion M. McCrary, MD, FACP - Chapter Governor
Internal Medicine
Duke Signature Care South Durham

James J. Cappola, III, MD, FACP - Program Co-chair
Chair and Associate Professor of Internal Medicine
Campbell University Jerry M. Wallace School of Osteopathic Medicine

David Tolentino DO, FACOI, FACP - Program Co-chair
Associate Dean for Clinical Affairs
Campbell University Jerry M. Wallace School of Osteopathic Medicine



Elizabeth Butcher, MD, MPH, TM
Program Director
Harnett Health Internal Medicine Residency

Zahra Cain-Akbar, DO
Neurologist
Cape Fear Valley Health

Paul Chelminski, MD, MPH, FACP
Professor of Medicine, Adjunct Professor of Pharmacy
UNC School of Medicine

Anthony T. Dang, MD
Clinical Assistant Professor, General Internal Medicine
Wake Forest University School of Medicine
Atrium Health Carolinas Medical Center

Lacy Hobgood, MD
Director, Adult and Pediatric Health Care
Chief, Division of Medicine-Pediatrics
Clinical Associate Professor
ECU Health

Erica N. Johnson, MD, FACP, FIDSA
Senior Vice President for Academic and Medical Affairs
American Board of Internal Medicine (ABIM)

Adithya Kattamanchi, MD
Endocrinologist
Cape Fear Valley Health

Jeffrey M. Krepps, PhD
Associate Professor of Behavioral Health
Campbell University, School of Osteopathic Medicine

Ashraf G. Mikhail, MD
CEO / Medical Director
Coastal Carolina Neuropsychiatric Center

Subodh Pal, MD
Program Director
Sampson Regional Medical Center

Benjamin D. Putnam, MD
Internal Medicine
Blue Ridge Hospitalist Group

Peggy M. Robinson, DO
Internal Medicine
Cape Fear Valley Health

Evelyn Slee, DO
Program Director
Cape Fear Valley Health

Darren Wohl, MD
Gastroenterologist
Cone Health

Prabhakar Vaidya, MD
Professor of Internal Medicine
Campbell University Jerry M. Wallace School of Osteopathic Medicine

Nicholas R. Young, MD, FACP
Associate Professor, General IM (Inpatient), Internal Medicine
Wake Forest University School of Medicine

Americans with Disabilities Act

The NC-ACP is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please email ncacp@ncmedsoc.org or call the NC-ACP at (919) 833-3836 no later than ten business days before the date of the activity.

NC-ACP TAKES ACTION:

HELP SUPPORT THE

CAMPBELL UNIVERSITY

COMMUNITY CARE CLINIC

The CUCCC delivers high-quality, compassionate healthcare to the medically underserved communities of North Carolina through an interprofessional cooperative effort that provides an extracurricular learning environment for all of Campbell University's Health Science Programs.



TRAINING OUR STUDENTS TO EXCEED THE EXPECTED WHILE CARING FOR THE MARGINALIZED IN OUR RURAL COMMUNITY!



THANK YOU FOR YOUR HEARTFELT DONATION!

The CUCCC was established by faculty & the inaugural class of medical students in 2015! During its first year, there were 240 primary care visits. In 2024 - 2025, there were 1687 patient visits!

SERVICES PROVIDED BY THE CUCCC:

- Basic Lab Work
- Routine Physical Exams
- Medication Refills
- Smoking Cessation Counseling
- Coming Soon: Street Medicine



- Women's Health
- Nutrition Counseling
- Behavioral Health Counseling
- Pharmacy Medication Counseling
- Dental Care in the works!

<https://medicine.campbell.edu/about/community-engagement/community-care-clinic/>



CAMPBELL
UNIVERSITY

Community Care Clinic