

THE BEHAVIORAL HEALTH CLUB INVITES YOU TO

A Personal and Institutional Wellbeing Workshop

WITH GUEST SPEAKER DR. CATHERINE PIPAS

Dr. Pipas is the author of *A Doctor's Dozen: 12 Strategies for Personal Health and a Culture of Wellness*. She will be joining us from the Geisel School of Medicine at Dartmouth to lead a two hour session on burnout and ways to approach personal and institutional wellbeing in the healthcare setting.

A panel discussion on Wellness is to follow with an opportunity for Q&A.



Saturday, February 4th
9:00am - 12:30pm

RSVP NOW



\$5 for BHC
members

\$10 for non-
members