

# JOIN THE APTA NC SSIG FOR A VIRTUAL SERVICE EVENT

## KICKBOXING

THURSDAY OCT 22  
6P-6:45P

## YOGA

FRIDAY OCT 23  
6A-6:45A



Join us for a 45 minute virtual workout to raise money for the **Special Olympics of NC**. Registration is **\$10** for one class or **\$15** for both. Zoom link(s) will be provided via email after you sign up [here](#)

[forms.gle/tEsTLpbrbG2EvYiZ8](https://forms.gle/tEsTLpbrbG2EvYiZ8)