

APTA North Carolina SSIG Community Service Project Committee

Virtual Service Newsletter

Ways to get give back from a distance during the COVID-19 pandemic

Virtual Fundraiser

- Create a virtual fundraiser for a non-profit of your choice. For example, create a “virtual fitness fundraiser” with your classmates. For every \$1 donated, pledge to run/walk/bike/swim a mile!
 - For example, WCU DPT & FinishMS for the National MS Society:
https://secure.nationalmssociety.org/site/TR?fr_id=31195&pg=team&team_id=623847&fbclid=IwAR3bGriSZnub6YVSpotd56Eopzz1QxWfqtVAICe4DWPgMzineZ73De8pOfU
 - Examples of non-profits that offer DIY fundraising:
 - [No Kid Hungry](#)
 - [National MS Society](#)

Pencil and Screen

- Tutor matching site built for the families of COVID-19 front line workers that are serving us during this pandemic!
- Submit a form to match with a student 3rd-8th grade to assist in homework or assignments in subjects you feel proficient in!
- <https://pencilandscreen.com/>

BeMyEyes

- Use [BeMyEyes](#): “this app pairs the blind and visually impaired with volunteers via a video call in order to assist with everyday tasks (think reading a recipe on the back of a box or selecting a particular article of clothing from the closet).

Operation Gratitude

- Write a letter to someone in need in an assisted or senior living facility through [OperationGratitude](#)

Virtual Disaster Dispatch Team Volunteer for American Red Cross

- Disaster Dispatch Team volunteers receive calls and details from the local Emergency Management Service (911) about local disasters including home fires.
- They alert Red Cross Action Team (DAT) who respond to provide emotional support, financial assistance, and information to help families begin the progress of recovery
- Qualifications:
 - Must have access to technology and be able to volunteer remotely from home
 - Leadership and communication skills
 - Ability to remotely monitor and track details for DAT responses
 - Ability to prioritize multiple tasks in complex and stressful situations
 - Need to fill out an application at redcross.org/volunteer

Nextdoor

- If you are healthy & willing, put up signs or post in your neighborhood's [NextDoor](#) group that you are able to help with errands (pharmacy, groceries, etc) for those who are in high risk groups

Donate

- Donate to non-profit organizations that are making a difference during this time
 - [Direct Relief](#): Works to provide healthcare workers with PPE in the US and abroad.
 - [NoKidHungry](#)
 - [Feeding America](#)
- Create a birthday fundraiser for a nonprofit via Facebook! Facebook makes it easy for you to select a nonprofit to raise money in honor of your birthday.
 - <https://www.facebook.com/help/1910205189301966>

APTA Volunteer Opportunities in Response to COVID-19

- [PT Volunteer Roster](#) – Add your name to a roster of PTs, PTAs, and students interested in helping if needs arise at a facility near you. Follow updates on this initiative by following #ptcovid19 on Twitter. A [PTCovid19 website](#) will be live soon. Note that facilities must request assistance prior to being able to match volunteers to specific needs.
- [PT Volunteer Roster sign-up for non-members](#) – Note this unique link for non-members to sign up. Non-members must first create an APTA user ID on [APTA.org](#) before signing into [APTA Engage](#).
- [Volunteer Needs for Facilities](#) – Being able to match volunteers on the roster to local opportunities will be dependent on facilities letting us know their needs. If you know of a facility in need of volunteers, please direct folks to request volunteer assistance through the link on APTA.org. Please help spread the word in your medical communities!
- [COVID-19 Stories](#) – APTA would like to hear from members about your experiences on the frontlines of this pandemic. Please consider sharing your story with other members by selecting this opportunity or by contacting [Michelle Vanderhoff](#), APTA lead editor directly.
- Resources for the profession may be found at the frequently updated [coronavirus page on APTA.org](#).

Additional Resources

- [COVID-19 SPT/SPTA Resource Guide](#)

Make sure to submit your volunteer hours to the [2020 North Carolina Outreach Challenge](#). Virtual service hours will be accepted.

Have a Volunteer opportunity? Contact Tatiana Paz (tatiana.Paz@duke.edu) to have it included in this newsletter!