

NCPTA SSIIG COMMUNITY SERVICE PC

SEPTEMBER-DECEMBER 2019: SERVICE EVENTS & RACES FOR GOOD CAUSES BY LOCATION

Eastern Region

- September 28th 7am: Run, Walk & Roll, **Location:** Greenville
 - **Website:** <https://runsignup.com/Race/NC/Greenville/RunWalkRoll>
 - **Volunteer Application:** <https://runsignup.com/Race/Volunteer/NC/Greenville/RunWalkRoll>
- October 6th : New Hanover County Special Olympics Fall Invitational, **Location:** Wilmington
 - **Website:** <http://sonc.net/local-programs/new-hanover-county/>
 - **To volunteer:** contact Johnathan Batts and Brooke Deamaral at newhanover@sonc.net
- November 1st: Freeboot Friday, **Location:** Greenville
 - **Website:** <https://uptowngreenville.com/play/freeboot-friday/>
 - **Volunteer:** <https://signup.com/login/entry/147004734711654043>
- November 3rd: Battleship Half Marathon, **Location:** Wilmington
 - **Website:** <https://www.battleshiphalfmarathon.com/>
 - **Volunteer:**
<https://www.battleshiphalfmarathon.com/Race/Volunteer/NC/Wilmington/BattleshipHalfMarathon>
- December 8th, 1pm: Reindeer Dash for Cash 10 Miler and 5K, **Location:** Greenville
 - **Website:** <http://www.reindeerdashforcash.org/>
 - **Volunteer:** <http://www.reindeerdashforcash.org/volunteers/>

Capital Region

- September 14th 9:30am-12pm: Volunteer in the Garden- Alliance Medical Ministry, **Location:** Raleigh
 - **Website:** <http://www.alliancemedicalministry.org/>
 - **Volunteer Application:** <http://www.alliancemedicalministry.org/volunteer-garden>
- September 29th: 2019 Triangle Walk to End Alzheimer's, **Location:** Raleigh
 - **Website:** https://act.alz.org/site/TR?fr_id=12516&pg=entry
 - **Volunteer Application:**
https://act.alz.org/site/TR?sid=23941&type=fr_informational&pg=informational&fr_id=12516
- October 12th 9:30am-12pm: Volunteer in the Garden- Alliance Medical Ministry, **Location:** Raleigh
 - **Website:** <http://www.alliancemedicalministry.org/>
 - **Volunteer Application:** <http://www.alliancemedicalministry.org/volunteer-garden>
- November 30th: Turkey Chase Race, **Location:** Raleigh
 - **Website:** <https://runsignup.com/Race/NC/Raleigh/TurkeyChase>
 - **Volunteer Application:** <https://runsignup.com/Race/Volunteer/NC/Raleigh/TurkeyChase>
- December 7th: Frosty Run 10k/5k, **Location:** Wake Forest
 - **Website:** <https://fsseries.com/event/frosty-run-10k-5k/details/>
 - **Volunteer Application:** <https://fsseries.com/event/frosty-run-10k-5k/volunteer/>

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Triad/Piedmont Region

- September 14th 8:30-10:30 - Heart and Sole 5k, **Location:** High Point
 - **Website:** http://highpointregionalhealthfoundation.com/foundation_events/heart_and_sole_5k.aspx
 - **Volunteer Application:** <https://runsignup.com/Race/NC/HighPoint/HeartSole5KandFunRun>
- October 19th 9:00am - Walk to End Alzheimer's, **Location:** Greensboro
 - **Website:** https://act.alz.org/site/SPageServer?pagename=walk_about
 - **Volunteer Application:** https://act.alz.org/site/TR/Walk2019/NC-WesternCarolina;jsessionid=00000000.app234a?pg=entry&fr_id=12523&NONCE_TOKEN=8CB7F1AD8F9836C4D331D8C971D13507
- October 26th 8:30am-12:00pm: American Cancer Society, Making Strides of Greensboro 5k/Volunteer **Location:** Greensboro
 - **Website:** https://secure.acsevents.org/site/SPageServer?pagename=strides_learn&fr_id=94497
 - **Volunteer Application:** http://makingstrides.acsevents.org/site/TR/MakingStridesAgainstBreastCancer/MSABCCY19SER?fr_id=94497&pg=entry&_ga=2.252807881.1185176153.1564399732-592920284.1564399732&_gac=1.192806232.1564399738.Cj0KCOjwsvrpBRCsARIsAKBR_0J3yvvdMY3WPbXyjrqw--O8eHs9cA8n_U0-MMLIQ-TMU6JHGFgflu2YaAhLQEALw_wcB
- Every Thursday in November (8am-12pm): Neighbors Helping Neighbors, **Location:** Greensboro
 - **Website:** http://nhnsm.com/content.aspx?page_id=301&club_id=588230
 - **Volunteer Application:** http://volunteergso.galaxydigital.com/need/detail/?need_id=448297
- Saturday December 14th @ 8am: Reindeer Romp, **Location:** Jamestown
 - **Website:** <https://runsignup.com/Race/NC/Jamestown/RagsdaleYMCAReindeerRomp>
 - **Volunteer/Donate:** <https://runsignup.com/Race/Donate/NC/Jamestown/RagsdaleYMCAReindeerRomp>

Western Region

- September 21st: Walk to End Alzheimers, **Location:** Asheville
 - **Website:** https://act.alz.org/site/TR?sid=23941&type=fr_informational&pg=informational&fr_id=12519
- October 26th: MAPHealth 5K, **Location:** Cullowhee, Benefits Mountain Area Pro Bono Health Services
 - **Website:** <https://www.active.com/cullowhee-nc/running/distance-running/map-health-5k-race-2019>
- November 9th: Sgt. S. Matthew Baynard Foundation Veteran's Day 5K & Fun Run, **Location:** Mills River
 - **Website:** https://runsignup.com/Race/NC/MillsRiver/4thSgtSMatthewBaynardFoundationVeteransDay5kFunRun?afll_token=vkmwDmweQ4iCYn8otSOOnKQ3vCO8buOw
- December 8th: Girls on the Run 5K, **Location:** Asheville
 - **Website:** https://www.handsonasheville.org/need/detail/?need_id=437090

NCPTA SSIG COMMUNITY SERVICE PC ONGOING EVENTS BY LOCATION

Eastern Region

- Wilmington Area Rebuilding Ministry: **Location:** Wilmington, NC-serving low income homeowners in the Wilmington area Volunteers needed to assist in various areas. Visit their website or call to get involved.
 - **Website:** <https://www.warmnc.org/>
 - **Volunteer Application:** <https://www.warmnc.org/volunteer-interest-form>

Capital Region

- Miracle League of the Triangle: **Location:** Raleigh/Cary
 - Website: <https://www.miracleleagueofthetriangle.com/>
 - Volunteer Application: <https://www.miracleleagueofthetriangle.com/volunteer/sign-up/>
- Habitat for Humanity: **Location:** Raleigh/Wake Forest
 - Website: <https://www.habitatwake.org/>
 - Volunteer Application: <https://habitatwake.volunteerhub.com/>

Triad/Piedmont Region

- Tiny House Community Development, Inc: **Location:** Greensboro. Volunteers needed throughout the week and on Saturday mornings, 9am-2pm
 - Website: <https://www.tinyhousesgreensboro.com/>
 - Volunteer Application: http://volunteergso.galaxydigital.com/need/detail/?need_id=391283

Western Region

- Loving Food Resources: **Location:** Asheville. Volunteers are needed on Tuesday, Wednesday, Friday and Saturdays at a variety of times. P
 - Phone: 828-255-9282
 - Email: admin@lovingfood.org.

HAVE AN EVENT? CONTACT GINA MEDEFINDT (GMEDEFINDT1@CATAMOUNT.WCU.EDU) TO
HAVE IT INCLUDED IN THIS NEWSLETTER!