

FELLOWSHIP/RESIDENCY PROGRAMS



OrthoCarolina Physical Therapy Residency

Director: Chris Dollar, DPT, PT, MTC, OMPT, FAAOMPT

- **Introduction to Research and Scientific Inquiry**
8 hours lecture
- **Foundations of Orthopedic Physical Therapy**
24 hours lecture; 240 hours clinical practice
- **Medical Exercise Therapy**
24 hours lecture and 100 hours clinical practice
- **Advanced Upper Quadrant**
24 hours laboratory and lecture; 240 hours of upper extremity practice, 240 hours of cervical spine focus
- **Advanced Lower Quadrant**
24 hours laboratory, and lecture; 240 hours of lower extremity practice and 240 hours of thoracolumbar spine focus
- **Clinical Seminar**
- **Capstone Project**
25 hours of directed reading, special topic lectures and clinical observation and completion of capstone research project

[orthocarolina.com/
physical-therapy-residency-program](http://orthocarolina.com/physical-therapy-residency-program)



OrthoCarolina Occupational/Hand Therapy Fellowship

Director: Stacy Rumfelt OTR/L, OTD, CHT, CLT

- **Introduction to Research and Scientific Inquiry/
Evidenced-Based Practice in Hand Therapy**
- **Basic Clinical Evaluation**
- **Advanced Management of the Shoulder**
- **Advanced Management of the Elbow**
- **Advanced Management of the Wrist**
- **Advanced Management of the Hand**
- **Concepts in Wound Care**
- **Edema Management**
- **Splinting Laboratory**
- **Modalities Seminar**
- **Cadaver Laboratory**
- **Perspectives in Occupational/Hand Therapy**
- **Clinical Seminar**
- **Capstone Project**

[orthocarolina.com/
hand-therapy-fellowship-program](http://orthocarolina.com/hand-therapy-fellowship-program)

MISSION STATEMENT:

"To provide excellence in education one clinician at a time. Through both experiential and didactic learning, this program will develop master clinicians who possess self-reflective, innovative clinical reasoning skills."

YOU. IMPROVED.

OrthoCarolina

EXCELLENCE
IN ORTHOPEDICS

APPLICATION DEADLINE: SEPTEMBER 1ST | START DATE: JANUARY OF EACH YEAR