Practical Remediation

1) For a patient having difficulty moving a lower limb on and off the bed, what two options other than your physical assistance are likely to make the job easier (be specific).

2) At what speed should the TUG be performed?

3) Why is the 4.0 meter gait speed slower than the 10 (6) meter gait speed. If a patient walks 4 meters in 6 seconds, what is his speed and what does it suggest regarding community ambulation?

4) You have a patient who has experienced a stroke 2 days ago. Would you test for spasticity or subluxation? Explain.

5) What is probably the best unilateral assistive device for an individual with stroke to use to walk? Explain.

6) You have a patient with stroke whose weakness and balance is too poor to walk. You want the patient to be able to get around independently. What are you going to do?

7) You want to find your patient’s fibular head. Describe how you would do so.