IPE ACTIVITY DAY I SESSION ROSTER FEBRUARY 5, 2019

Below are descriptions, times offered, and registration links for each activity held on the February 5 Activity Day event.

Descriptions have been provided by the faculty member(s) who developed the session.

Each activity contains specific capacity numbers of students from each program (e.g., Nursing – 6, Physical Therapy – 5, etc.). Program capacities and other details can be found on each session signup page. These capacities are determined by the total number of students in each particular program. These capacity numbers have been added to ensure program diversity within each session.

YOU WILL ONLY REGISTER FOR ONE ACTIVITY.

Returning students: You man NOT register for an activity you have already attended in previous years.

(TIP: As you peruse this activity roster, mentally select 3-5 activities of interest to attend. That way, if your top choice gets filled up before you register, you have some alternative options already in mind!)

Use the registration link located below the session's description to access the signup page for the session.

***You may access the registration *pages* at any time; <u>however</u>, each page's registration access will become available at 5:00 PM on January 18, 2019.

REGISTRATION WILL END 11:59 PM FRIDAY, JANUARY 25, 2019.

Additional details and especially location information will be sent out during the week prior to February 5.

Please send any questions to ipe@campbell.edu.

INTERPROFESSIONAL PERCEPTIONS: ROLES & RESPONSIBILITIES

In an interactive activity, students will discuss the roles and responsibilities of the various professions within CPHS and CUSOM and how perceptions within the interprofessional team can influence team interactions.

1:00 - 2:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-2019

RESEARCH DISCUSSIONS: IS RESEARCH IMPORTANT TO MY PROFESSION?

This will be an interactive session in which the different programs represented will take turns to describe their programs and how research impacts their activities. Learning objectives include:

- 1. Understand the meaning of the word "Research."
- 2. Discuss with examples the importance of research in the various health sciences.

1:00 - 2:00 PM | 2:00 - 3:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20191

RURAL HEALTH RISKSCAPE

This session will facilitate the building of a riskscape for a health issue specific to rural communities. We will present what a riskscape is and how public health professional use them to think about health disparities in the community. We will then present the issue/ scenario and have small groups build riskscapes, then come back together as a large group to discuss their riskscapes and propose policy suggestions to address the issue. Objectives include understanding the role of public health professionals and considering the unique characteristics of rural populations and how they relate to health disparities for those populations.

1:00 - 2:00 PM | 2:00 - 3:00 PM | 3:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20192

MEDICAL POTENTIAL AND LEGAL STATUS OF CANNABIDIOL (CBD)

Cannabidiol (CBD) is a compound isolated from cannabis and similar in structure to THC, but with a completely different mechanism of action in the body. There appears to be a lot of misinformation about the current legal Page 2 of 10

status of CBD in our state and country, and what uses it might have. There is not a lot of clinical data yet on the uses of CBD in humans, but there are many CBD products on the market and many claims about its medicinal uses. We will discuss what participant know about CBD, and then overview what the current laws say, and the state of the science on what conditions CBD might be used to treat. Finally, we will discuss what roles professionals from the various degree programs offered by CPHS can play with regard to CBD.

Learning objectives:

- -Describe the legal status of cannabidiol (CBD) in NC and at the federal level
- -Explain the potential medicinal uses of CBD, and the strength of the evidence for said uses
- -Discuss the issues around the sale and use of unregulated derivatives of cannabis
- -Discuss the role of researchers, product developers and health care providers in the safe and evidence-based use of CBD

1:00 - 2:00 PM | 3:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20193

APPOINTMENT DAY: TIP OF AN ICEBERG

Focus is on patient-centered care, the roles and responsibilities of health care providers and the incorporation of inter professional communication to better serve patients/clients.

Students will be broken into small groups with different health care providers. They will work as a group to identify concerns patients may have prior to, during, and after a visit with health care providers. All groups will share their information with one another.

The groups will then read a short case study and then work in their small groups to identify items of the case study that were of concern. All groups will share their information with one another.

The groups will then discuss ways they can build rapport and trust with their patient(s). (What ways can a health care provider support a patient (so the patient does not feel like they are leaving with unanswered questions; what can be done (via the organizational structure to reduce patient stress, etc.). Focus: Patient/Provider Communication

Finally, the groups will discuss what they would consider doing differently as a result of reading this article and group discussion. Focus: Provider/Other Health Care Provider Communication

Objectives:

- 1. Students will be able to recognize the interests of patients and place them at the center of health care delivery.
- 2. Students will be able to recognize and embrace the unique concerns of their patients without judgement or bias.

3. Students will be able to demonstrate effective communication techniques with patients as well as other health care providers so delivery of care is fluid.

3:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20194

FALLS PREVENTION IN OLDER ADULTS: TOOLS YOU CAN USE

Healthcare practitioners will encounter older adults who fall or who are at risk for falls. Every healthcare team member has a role to play in reducing falls risk in the elderly. This session will provide practical tools to allow:

- 1. Students to quickly screen for fall risk in the older adult
- 2. Students to quickly assess for modifiable fall risk factors in the older adult
- 3. Students to appropriately intervene for those older adults at risk for falls

1:00 - 2:30 PM | 2:30 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20195

CULTURAL COMPETENCE IN CLINICAL PRACTICE

All health professionals will come across, at some points, clients who have health-related beliefs that are different from the popular ones. This may include those who do not accept blood transfusion or other blood products (Jehovah Witnesses), those who are reluctant to take porcine insulin or other pork products (Muslims), myths about vaccinations etc. Students in the health professions must be prepared for these types of practice scenarios. Case studies will be presented and students will discuss how to handle client/patients who have varying health-related beliefs, the rules/ethics involved, and will also discuss how to advise on alternatives and respecting patients'/ clients' convictions.

1:00 - 2:30 PM

CLICK HERE TO REGISTER

INTERPROFESSIONAL SIMULATION

Students will be able to practice their roles in a simulated environment while interacting with and depending on other health profession students to obtain optimum outcome for the patient.

Learning objectives include:

Demonstrate teamwork in the assessment of a patient with a life-threatening condition Demonstrate teamwork in treating a patient with a life-threatening condition

1:00 - 2:00 PM | 2:00 - 3:00 PM | 3:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20197

NEW DRUG DEVELOPMENT

Engage students unfamiliar with the science and decision making process that goes into formulating and getting a drug product to market. Use interactive labs to develop a drug product and engage in a clinical I /II study on the drug product. Summarize the clinical study findings and allow healthcare professionals the confidence to prescribe the given drug to their patients.

1:00 - 3:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20198

VED-I-TATION MARGS (WAYS TO SELF-KNOWLEDGE OF "WHO AM I?")

Students will meditate, or learn to meditate, on the following themes: Stay positive (You Get what you Give - You Can't Give what You Don't Have!); Think before you Think (you are what you think!); Be quiet (Be Sill and know that I am God!)

3:00 PM - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-20199

PRIMARY CARE PROGRESS INFORMATIONAL SESSION

This is an information session for anyone interested in working on an action-oriented longitudinal project through the Primary Care Progress (PCP) organization. The focus is on leadership skills and the training of teams so that they're better equipped to enact powerful, sustainable reform. Our student-run IPE team through PCP would be a place where students, trainees, and faculty members can promote primary care in their local communities, advance innovations in care delivery, and advocate for health equity and better access to care. This session serves as a platform to recruit interprofessional graduate students who would move forward in

building the foundation of a team with a clear mission and action-oriented longitudinal project to be set up for success for when the team application opens for the '19-'20 academic year. More can be found at https://www.primarycareprogress.org/faq/

2:30 - 3:00 PM | 3:30 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201910

EFFECTIVE CARE FROM THE PATIENT PERSPECTIVE

Patient Perspective on the following:

- Care vs Treatment
- IPE in Action: Healthcare Teams that are... Teams!
- Importance of Grace, Dignity, and Empathy within the Healthcare Team

2:30 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201911

IOSCE

This activity is an opportunity for health sciences students to work together in the management of a patient in the ambulatory care setting. Students will (1) identify patient needs, (2) identify and utilize appropriate team members, and (3) develop and communicate a plan to progress the patient to better outcomes. Students in standardized patient encounters on interprofessional healthcare teams learn about, from, and with each other, preparing them for practicing optimum team-based care in their future as health care providers.

1:00 - 2:30 PM | 2:30 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201912

CICS (CAMPBELL INTERPROFESSIONAL CASE STUDY)

Students in facilitated small groups will discuss interprofessional management of a patient and collaborate with members of other health professions to meet patient needs. Interprofessional case studies focus on the distribution of responsibilities for a case among the members of the healthcare team.

Learning Objectives: Discuss interprofessional management of a patient. Collaborate with members of other health professions to meet patient needs.

1:00 - 2:30 PM | 2:30 - 4:00 PM

CLICK HERE TO REGISTER

SIMULATION: CULTURE OF SAFETY IN HEALTHCARE

Learners will be divided into small interprofessional teams in which students will work together in making clinical observations at various simulation stations. They will identify issues of patient safety and work together in troubleshooting and creating solutions for the challenges they are exposed to. Specific goals include: 1. identify unsafe practices in simulated healthcare environments, 2. understand and develop a root cause analysis and plan with their interprofessional partners, and 3. using various means of media and/or interactive technology, present a safety plan to the larger group that is specific for the scenario they experienced.

1:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201914

MUSCULOSKELETAL PATIENT MMANAGEMENT: A COLLABORATIVE APPROACH AMONG THE PROVIDERS OF MANUAL THERAPY INTERVENTION

This session will focus on the interdisciplinary care of musculoskeletal complaints between Doctors of Osteopathic Medicine and Doctors of Physical Therapy. The participants will engage in case scenarios, patient management, and collaborative skills sessions.

Participants will engage in discussions and shared decision making to develop an interdisciplinary approach to patient management.

Participants will demonstrate and practice hands on manual examination and intervention skills with other members of the healthcare team.

***Especially recommended for Physical Therapy & DO Students ***

1:00 - 3:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201915

HOW TO BE EMPATHIC TO PATIENTS

A health-professional who can form an empathic bond of trust with patients, will have better patient compliance. Learning how to respond in an empathic fashion to patients can be taught to any health professional. This session will go through two different methods on how to enhance empathic communication and how to deliver bad news in an empathic fashion.

1:00 - 2:00 PM | 2:00 - 3:00 PM | 3:00 - 4:00 PM

CLICK HERE TO REGISTER

BUILDING REFLECTION INTO HEALTHCARE PRACTICE

Students will reflect on their own professional practice, interactions with other healthcare providers and interactions with patients. With increased awareness comes improved ability to refine professional goals, roles and behavior and improved interactions with others.

Participants will: (1) learn the benefits of reflection as a healthcare provider (2) explore a variety of reflection activities, based on learning style and (3) participate in reflection activities related to their professional practice.

1:00 - 2:00 PM | 2:00 - 3:00 PM | 3:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201917

CLINICAL SKILLS COMPETITION HOSTED BY SSHP

SSHP will be hosting this clinical skills competition for students from all backgrounds. Students will be paired up in groups of 4-5 representing a variety of academic programs. Each team will be given a patient case and will have roughly 15-20 minutes to discuss treatment options, plans and health outcomes. Students will be given all information needed to make an informed decision using their varying backgrounds as resources. After collaboration, teams will present their ideas and plan to a panel of 2-3 judges including CPHS faculty.

Learning Objective: To work and collaborate with students from different academic and professional backgrounds in order to effectively evaluate and treat a clinical patient case.

Learning Objective: To effectively communicate treatment strategies to other healthcare professional students. Learning Objective: To recognize one's own professional responsibilities when working in a healthcare team and making treatment decisions.

1:30 - 2:30 PM | 3:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201918

MEASURING FUNCTIONAL FITNESS IN THE COMMUNITY: A NOVICE TO AN EXPERT IN RECORD TIME

Students will learn how to perform functional fitness assessments that can be utilized across the continuum of functional ability and implemented across a variety of settings (e.g., resource-rich vs. resource-limited, community vs. clinic). Learners will gain knowledge and practical expertise in the implementation of performance-based measures of physical function.

3:00 - 4:00 PM

CLICK HERE TO REGISTER

FINDING THE WORDS: RESPONDING TO A PATIENT'S WARNING SIGNS FOR SUICIDE

Research on more than 22,000 suicides between 2009-11 found that 38% of people visited a healthcare provider in the week prior to committing suicide, 64% within a month, and 95% within a year, higher than the number who visited mental health professionals (25%, 44%, and 73%, respectively), concluding that the best chance for preventing suicide is in outpatient healthcare. Yet it can be challenging to recognize warning signs of suicide from patients during non-mental health related visits. Even more difficult is for healthcare providers to address concerns about suicide with patients presenting for other problems or services. This session encourages students (1) to consider and share the unique role of their discipline in suicide prevention, (2) to identify patient interactions in which warning signs of suicide may present, and (3) to practice interventions for patients at risk for suicide appropriate to their professional role through role play simulation. Students will help one another find the words for this uncomfortable but life-saving clinical task facing all healthcare professionals.

1:00 - 2:30 PM | 2:30 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201920

RURAL FOOD ACCESS SUMMIT

Students have the option to attend the Rural Food Access Summit on Saturday, February 9th to gain credit for attending Activity Day I. Students who attend this Public Health event are <u>not</u> required to attend sessions on February 5th.

The Rural Food Access Summit will bring together students, researchers, professionals, and community members working to improve access to safe, healthy, and affordable foods in rural areas. Together, we will explore ongoing challenges, local solutions, and the role of students improving food access and health in rural North Carolina and beyond.

Read more at https://www.facebook.com/events/2519434881616375/

SATURDAY, FEBRUARY 9TH – 8:30 AM – 4:15 PM

CLICK HERE TO REGISTER

HEALTHCARE SYSTEM FAILURE: A TABLETOP EXERCISE IN EMERGENCY PLANNING

Imagine that a catastrophic event has disrupted the function of the healthcare system...what would you do to ensure that the population still has access to care?

In this session, students from different professional disciplines will work together to strategically respond to changing conditions in a dynamic table-top disaster scenario. Your group will be evaluated on both its functioning as an interprofessional team as well as the quality of your mitigation and adaptation strategies.

Learning objectives:

- 1. Students will work effectively on interprofessional teams to analyze the assets and challenges of the healthcare infrastructure in a disaster scenario.
- 2. Students will collaborate to design mitigation and adaptation strategies to maximize the functioning of the health system.
- 3. Students will evaluate the real-world preparedness of local health systems for a similar event and suggest improvements to preparedness plans.

IPEC Competencies:

- RR10. Describe how professionals in health and other fields can collaborate and integrate clinical care and public health interventions to optimize population health.
- CC3. Express one's knowledge and opinions to team members involved in patient care and population health improvement with confidence, clarity, and respect, working to ensure common understanding of information, treatment, care decisions, and population health programs and policies.
- TT3. Engage health and other professionals in shared patient-centered and population-focused problem-solving.

2:00 - 4:00 PM

CLICK HERE TO REGISTER

https://www.signupgenius.com/go/20F0449A9AB23A1FD0-201923

HOW TO TALK TO PATIENTS ABOUT PSYCHOSOCIAL FACTORS IN DISEASE

- * Understanding the origin of the stigma about psychosocial factors in health and disease
- * Develop strategies to effectively communicate with patients the role of psychosocial factors in health and disease
- * Effectively refer patients to mental health providers in an integrative care model

2:30 - 4:00 PM

CLICK HERE TO REGISTER