How Does It Work?

Initial phone call to SAP

Meet with counselor for assessment session/s (typically, 1-2 sessions)

Intake Call

Needs Assessment



Develop Problem Resolution Plan

Based on detailed assessment for which shortterm therapy recommended, go forward with additional sessions under SAP model.



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Based on detailed assessment for which issue determined to be long-term, referred out of SAP for therapy and/or appropriate resources.

Short-Term
Solution- Focused
Counseling

Referral to Appropriate Resource(s)

