**PLS Professional Involvement Certificate**

**Purpose**

Phi Lambda Sigma Leadership Honor Society’s mission is to support pharmacy leadership by recognizing leaders and fostering leadership development. In order for us to be effective leaders we must strive to improve personally as well as professionally. We recognize that leadership is not just a title or a line on a CV, but a process of continual growth. Engagement and reflection on our mental health, interprofessional involvement, career planning, physical well-being, organization involvement, and service to the community can challenge us to become stronger leaders. The goal of this program is to encourage professional involvement by recognizing student pharmacists who are focused on a variety of activities and opportunities that support leadership development.

**Program Information**

At least two tasks from each category must be completed. Tasks marked with an asterisk are required to obtain the certificate. Those tasks will count towards the total number required from each category. A goal of this program is to promote collaboration with other graduate programs or outside organizations, at least three of the activities chosen must not be specific to CPHS.

This program will be completed using the honor system. Use the attached document to fill out event/task information and obtain a signature from the person leading the event/task. If the event/task is independent, then no signature is required, but must be documented on the form. Lastly, complete a ~250 word reflection upon completion of the program. This reflection should be focused on the importance of the variety of characteristics and experiences necessary for successful leadership and how that relates to the program.

Other activities could meet the criteria for each of the categories. If there is an additional event you feel meets the requirements, please reach out to Abby Cowan (amcowan1121@email.campbell.edu), Charlotte Wilmouth (crwilmouth0401@email.campbell.edu), Briana Williams (bswilliams0819@email.campbell.edu), or Allyson Kerr (arkerr0127@email.campbell.edu).

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| **Category** | **Activity** | **Frequency** | **Additional Information** |
| **Self-Care and Mental Health** | Campus recreation classes | >3 | <https://www.campbell.edu/life/campus-recreation/> |
| Intramural sports team | Regular participation | <https://www.campbell.edu/life/campus-recreation/> |
| Small group, religious meetings | Regular participation | <https://www.campbell.edu/life/spiritual-life/student-ministries/small-groups/>  Can also be at a local religious organization |
| StudentLinc course of interest\* | >1 | <https://www.mystudentlinc.com/>  School Name: campbellunivesity  Username:  Camels |
| Activity in non-academic related (i.e. cooking, art, new restaurant, hiking) | >3 |  |
| **Interprofessional Education** | Additional event through office of IPE | >1 | Visit IPE blackboard page for more information |
| Business school event (see semester schedule) | > 1 |  |
| Shadow a non-pharmacy career field (i.e. provider, health department worker, hospital financial services, lawyer) | >1 |  |
| Attend an event focused in diversity/inclusion, cultural competence\* | >1 | As an option - PLS will be hosting an event in the spring in collaboration with other student organizations! |
| Attend an event focused in financial planning | >1 | If a national/local organization meeting includes a financial planning session, that would count. |
| **Networking, Career Building, Professional Growth** | CU Hired Event | >1 | **CUHired:** <https://campbell-csm.symplicity.com/students/index.php?signin_tab=0> |
| Career Fair Event | >1 | Check emails/weekly announcements regularly  Save the Date! 2/8/22 10am - 1pm; see email from student affairs office. |
| Mock Interviews\* | >1 | Check emails/weekly announcements regularly  **CUHired:** <https://campbell-csm.symplicity.com/students/index.php?signin_tab=0> |
| National/Local Meeting (virtual/in-person) | >1 | Examples include: APhA, NCPHA, Fraternity National/Local Meetings  Will also count if you attended a meeting in the fall semester |
| Student Affairs Office Event | >1 | Check emails/weekly announcements regularly |
| CamelLink and LinkedIn account | n/a | **CamelLink:** <https://alumni.campbell.edu/engage/camellink-mentoring-program/>  **LinkedIn:**  <https://www.linkedin.com/home> |
| Complete LinkedIn Certificate | >1 | Log into account → click on work (right hand side) → learning |
| Make/Order Business Cards | n/a | Visit student affairs blackboard page or other resource |
| **Post-Graduate Program/Career Preparation** | P4 Panel | >1 | - |
| Residency/Fellowship Panel or Informational Meeting | >1 | - |
| Internship, practicum, or work experience | n/a | - |
| Shadow a pharmacy career field of interest | >1 | Can be faculty or non-faculty |
| PLS walk in CV review\* | >1 |  |
| CU Hired CV building event | >1 | Visit the CUHired page for more information |
| Send CV to a professional organization review service | n/a | This would require membership with a national organization (ex. ACCP, ASHP) |
| **Professional Organization Involvement** | Hold a chair or office position | n/a |  |
| Actively participation in planning an event | >1 | Active participation includes coordination with speakers, room reservations, collaboration with other organizations, etc. |
| Pledge a pharmaceutical fraternity | n/a |  |
| Serve as a student ambassador | n/a | Current or new  (Application opens in the spring) |
| Organization Meetings\* | >3 | Meetings include general body, guest speaker, or fundraising events. Must attend events from three different organizations |
| Organization Membership | > 2 | Membership of at least 2 student organizations |
| **Volunteering** | Campbell Community  Care Clinic | >1 | Check emails/weekly announcements regularly from CUCCC team |
| Vaccine Clinic | >1 | Can be CPHS related or at place of employment |
| Campbell’s Campus Kitchen | >1 | <https://www.campbell.edu/life/spiritual-life/serving-our-neighbors/campus-kitchen/> |
| Neills Creek Baptist Church after school tutoring | >3 |  |
| Meals on Wheels | >1 | Debra Vaugn:  [dvaughn@harnett.org](mailto:dvaughn@harnett.org) |
| Health Fair | > 2 hours |  |

**PLS Professional Involvement Program**

**Signature Form**

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| --- | --- | --- | --- |
| **Category** | **Activity** | **Signature** |  |
| **Self-Care and Mental Health** |  |  |  |
| **Interprofessional Education** |  |  |  |
| **Career Building** |  |  |  |
| **Post-Graduate Preparation** |  |  |  |
| **CV Building** |  |  |  |
| **Professional Organization Involvement** |  |  |  |
| **Volunteering** |  |  |  |

**Reminders:**

☐ Complete with signatures all required events

☐ Complete with signatures one additional activity per category

☐ Participate in three non-CPHS activities

☐ Submit ~250 word reflection